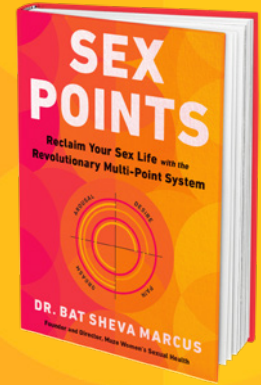




DR. BAT SHEVA
THE PLEASURE
OF BEING ALIVE

SEX POINTS

A GUIDE FOR MEDICAL PRACTITIONERS



You don't have time. I totally get it. When a patient walks into the room (or, more likely, as you are about to walk out) and mentions (hesitantly, shyly or belligerently) that their sex life "is just not working," you look at the clock and think to yourself "how can I possibly address this in a way that can be helpful?"

Suggesting to patients that they read [Sex Points](#) **JUST MIGHT MAKE YOUR JOB A LITTLE BIT EASIER.**

[Sex Points](#) breaks down Female Sexual Dysfunction into its basic components. It defines and clarifies it in a way that patients can understand and gives them language to express their concerns to you with more clarity so that it will be easier for you to help them.

The book covers the four areas of FSD: Pain, Arousal, Desire and Orgasm, explaining how each one manifests and how these "quadrants" affect the others. More specifically, the book outlines:

PAIN

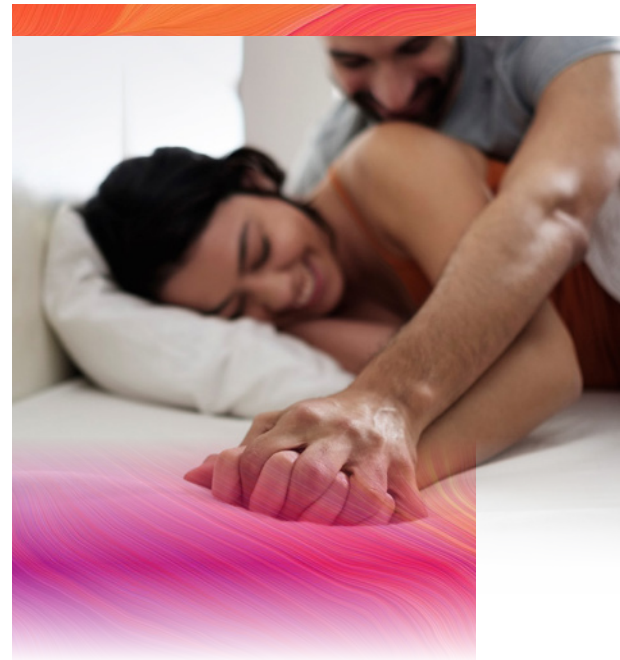
- [Sex Points](#) outlines the difference between **VAGINISMUS, VULVODYNIA, VESTIBULODYNIA AND DYSPAREUNIA** in a way that is easy for them to understand so that you don't have to spend a great deal of time on the basics. The book will give them a vocabulary to speak with you about the subject more specifically, so that you can be more helpful to them.
- It also outlines the primary causes of pain: **TIGHT MUSCLES, HORMONAL DEFICIENCIES, AND NEUROLOGICAL ISSUES** so that they begin to understand the underlying problems and ultimately the solutions as you explain them.



- **IT EXPLAINS TO PATIENTS WHY SEEING A THERAPIST MIGHT BE HELPFUL IN ADDITION TO THE TREATMENTS THAT THEY MIGHT BE DOING WITH YOU.** Patients don't like to feel like their pain issues are being dismissed as all in their head. But the book outlines for them the secondary issues that might arise due to pain issues and how psychotherapy might be helpful as an adjunct.

AROUSAL AND DESIRE ISSUES

- **Sex Points** will help them differentiate between **AROUSAL AND DESIRE** issues. While frequently comorbid, they often need to be addressed separately. This can be confusing to them, and to you, the practitioner. Having them able to articulate which problem they are primarily facing can be extremely useful to you when treating them.
- It outlines the current medical approaches that can be taken in each of these cases. It includes **A LIST OF MEDICATIONS** that may be exacerbating the problems as well as those that might be able to help. This will allow your patients to discuss these with you from a more educated perspective and **SAVE YOU TIME PROVIDING BACKGROUND**.
- It allows patients to understand why and when psychotherapy can be helpful to them in the process.



ORGASM ISSUES

- It is nearly impossible for most physicians to spend the time needed to separate between **PRIMARY AND SECONDARY ANORGASMIA AND UNIVERSAL VS SITUATIONAL ANORGASMIA**. But understanding these distinctions may have a significant impact on how you treat the patient.
- **Sex Points** lays out the parameters for each, so that **A PATIENT CAN DIFFERENTIATE AND ARTICULATE TO YOU** the information that will most allow you to help them.
- It lays out the medical options that might be available to help them, as well as the current medications that might be hampering their orgasmic ability. Again, this can prove to be a time-save for you in explaining and giving the necessary background.



ADDITIONAL RESOURCES

Sex Points OFFERS AN ADDITIONAL LIST OF RESOURCES on nearly every aspect of a woman's sex life. These are books that patients can call upon to help them through their ever-changing journey and exploration of their sex life.



DR.
BAT SHEVA
MARCUS